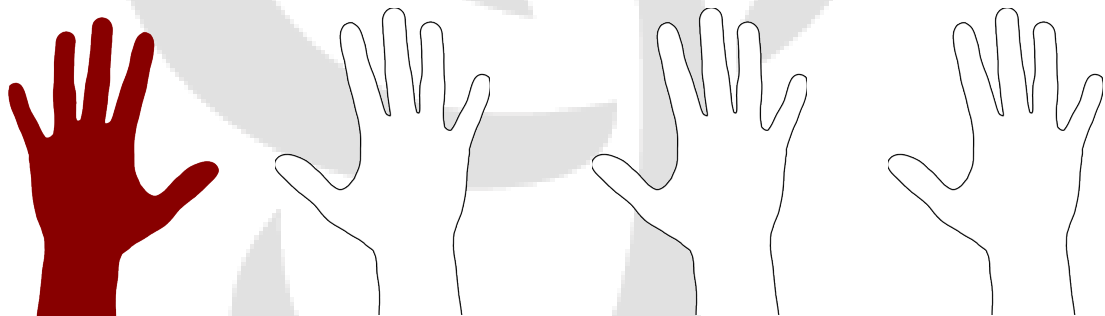


# simple meter : quarter time

*\*objective: tap out simple rhythm using both hands. use solid surface. red hand is active, white hand is silent.*



*...now try your own variations!*